OUTWORK

Dream board / action sheet

Turn a future goal into one weekly action

01 · DREAM BOARD · 1–3 YEARS OUT

Big goal — the job, trade, or life you're building toward

Why it matters — who it helps, what changes if you get there

Picture it — tape or sketch what that future looks like

photo / sketch

photo / sketch

photo / sketch

photo / sketch

02 · THIS YEAR

One concrete target you can hit in the next 12 months.

Target

03 · SKILLS TO BUILD

What you need to practice, certify, or learn on the job.

Skills

04 · THIS WEEK'S ONE ACTION

Small enough to finish. Specific enough to check off. Do it before the next shift if you can.

My action this week

Check it off

MON	TUE	WED	THU	FRI	SAT	SUN
☐	☐	☐	☐	☐	☐	☐

Write the goal. Take one action this week. Repeat.